Damascus Programs

Each retreat is 2 nights and 3 days, and covers the cost of 1 chaperone from the school or parish.

<table>
<thead>
<tr>
<th>Retreat</th>
<th>Grade Level</th>
<th>Duration</th>
<th>Individual Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Faith &amp; Science</td>
<td>6</td>
<td>10am Wed-1pm Fri</td>
<td>$120</td>
</tr>
<tr>
<td>Leadership</td>
<td>7</td>
<td>10am Wed-1pm Fri</td>
<td>$120</td>
</tr>
<tr>
<td>PSR: Come Follow Me</td>
<td>6&amp;7</td>
<td>6pm Fri-12:30pm Sun <em>11:30am Sunday Mass with families</em></td>
<td>$120</td>
</tr>
<tr>
<td>Confirmation</td>
<td>8</td>
<td>6pm Fri-12:30pm Sun <em>11:30am Sunday Mass with families</em></td>
<td>$120</td>
</tr>
<tr>
<td>Abundant Life</td>
<td>High School</td>
<td>10am Wed-1pm Fri</td>
<td>$150</td>
</tr>
<tr>
<td>Made for More</td>
<td>High School</td>
<td>10am Wed-1pm Fri</td>
<td>$150</td>
</tr>
</tbody>
</table>

Steps for Booking a Retreat at Damascus

1. Find an available date by emailing retreats@damascuscampus.com or calling (740) 480-1288 (Tuesday-Friday). Please be sure to communicate 3 date options, estimated total number of students for camp experience, and which retreat you are interested in booking.

2. We will send you a contract with the above information. Please return signed contract within 5-10 days with deposit. Deposit is a set amount based on estimated event participants:

   • 20-50 participants: $300.00 deposit
   • 50-100 participants: $500.00 deposit
   • Over 100 participants: $700.00 deposit

3. When contract and deposit are received, we will send a code for your particular retreat with instructions on how to register campers. Share these instructions with families, and you will receive login information to be able to track their registrations online while they fill out the necessary information.

4. Ask your parish priest to put retreat on their calendar! This is a very important aspect of our faith-awakening programs at Damascus.

   • Weekday Retreats: Adoration Thursday night (8pm-9:30pm)
   • Weekend Retreats: Adoration Saturday night (8pm-10pm); Sunday Mass (11:30am)

Please communicate to us as soon as possible if your parish priest will be available for Adoration and/or Mass. All priest meals and lodging are included in cost of experience. If not, our staff will attempt to find clergy, and we will ask the parishes on the retreat to provide the small stipend for those who fill in.
5. You’re all set! 30 days before your retreat you will receive an email confirming all the details.

**Damascus Catholic Mission Campus Will Provide**

**Chaperones:** Minimally, we will provide a 1:8 ratio of adults to students. Most retreats will have a 1:6 ratio. All of our chaperones have gone through safe environment training and are highly trained with working with youth, facilitating small groups, and identifying red flag issues. We have a Criminal Background check on file for each chaperone. Annually, Damascus Catholic Mission Campus submits all safe environment credentials to the Diocese of Columbus for an audit. Since having started this practice, we have always passed the audit.

**Meals and Lodging:** We provide high-quality accommodations at very reasonable rates. The lodging and meal experience at Damascus Catholic Mission Campus rises above other retreat centers, conference centers, and camp experiences.

- **Faith and Science or Leadership Retreats:** Dinner Wednesday through lunch on Friday is included. Please make sure students bring a packed lunch for Wednesday.

- **Confirmation Retreats:** Dinner Friday through breakfast on Sunday is included.

Lodging: Each cabin and retreat center has multiple bathroom stalls, sinks, and showers located in it. They also have year-round heating and cooling units. One cabin and both retreat centers are handicap accessible. Lodging will be chaperoned by our staff who are PGC certified and have clear BCIs and follow a “two-deep” ministry model. No child will ever be left alone with one of our chaperones.

**Retreat Content and Programming:** We will provide all content and programming from the moment your students arrive on campus until the bus leaves the driveway. Our ministry content has been developed by our highly-educated full-time staff with decades of experience in youth ministry and BA and MA degrees in education, theology, and evangelization. All ministry content is validated through the Diocese and an Ecclesial Subcommittee on the Damascus Governing Board.

**High Adventure Activity Supervision and Facilitation:** Damascus Catholic Mission Campus has partnered with the Redwoods Group (http://www.redwoodsgroup.com). Specializing in providing insurance for faith-based high adventure camps, TRG analyzes, educates, prevents, and insures their camps from a partnership perspective. All activity policies and procedures at Damascus have been created in collaboration with TRG, and TRG provides an annual review and audit to ensure ongoing safety. All High Adventure Activities at Damascus have been built by a third party, Phoenix Experiential Design (PED). PED is a professional vendor for the Association for Challenge Course Technology (ACCT) which is the world’s leading and largest American National Standards Institute (ANSI) Accredited Standards Developer focused specifically and solely on the challenge course industry. PED serves as a third party that annually provides re-certification for the high adventure activities at Damascus as well as operational training and emergency rescue training for the Damascus staff. This training is in complete compliance with the ACCT.

**School/Parish Coordinator Will Provide**

**Minimum Chaperone Requirement:** Damascus Catholic Mission Campus requires that at least one parish chaperone should be present at all times with your group. This chaperone will be responsible for collecting and distributing medications.

**Medications:** Damascus Catholic Mission Campus is not responsible for collection or distribution of student medication. A good idea is to have a sign in table at your parish/school and collect medication before departure in a ziplock baggie with the student’s name on it. There is a nurse’s station at our lodge that you will have access to in order to store student medication.
**Electronics:** For the sake of the camp experience, electronic devices of any type are strictly forbidden. They detract from the experience of a retreat at Damascus Catholic Mission Campus. We ask that you make sure to let students know that they should not bring cell phones or handheld video games with them on retreat. We also recommend reminding parents of this at drop off and collect any cell phones kids may have prior to coming.

**Transportation:** Transportation is the responsibility of the parish. Damascus has a partnership with Columbus Coach who has offered discounted rates to schools and parishes attending our retreats. Please request this when booking the retreat. Please remember that in regards to transportation your campers will have a duffel bag or suitcase, a sleeping bag, and pillow (potentially a backpack as well). Take this into consideration as you will need space in your buses, cars, or whatever mode of transportation you are taking for people as well as their personal belongings. Some parishes/ schools rent Cargo Vans from U-Haul.

**Youth Minister/Catechists/Teachers:** Bring your team along with you! This is a great opportunity to get to know your youth and spend time investing in them. We would also love your help serving meals, transitioning rooms, and being a familiar presence for your students in an unfamiliar place! Let us know if you are bringing any of your team so that we can house them appropriately. Standard rates apply for all adults as well, apart from the primary chaperone. You are responsible as a parish for ensuring that these volunteers have completed safe environment requirements of the Diocese you are from. You are also responsible for ensuring these volunteers understand that at no time are they allowed to be one-on-one with a child.

**Children with Special Needs:** Damascus Catholic Mission Campus is ADA Accessible. Children with special needs will be able to utilize all the buildings at Damascus and depending on their special need, many should be able to utilize a variety of activities. If there is a child with a special need who would require an onsite aide, that will be the responsibility of the parish to provide (which the parish can in turn ask the family to provide).